



North Carolina
Department of Health and Human Services
Division of Medical Assistance
Director's Office

2517 Mail Service Center - Raleigh, N.C. 27699-2517
Courier Number 56-20-06

Michael F. Easley, Governor
Carmen Hooker Odom, Secretary

Nina M. Yeager, Director

May 5, 2003

Ms. Rhonda Cottrell
Associate Regional Administrator
CMS - Region IV
Atlanta Federal Center
61 Forsyth Street, S.W., Suite 4T20
Atlanta, GA 30303-8909
ATTN: Teresa Morris

Re: Application for 1915(c) Consumer-Directed Care Waiver

Dear Ms. Cottrell:

We are writing to submit a waiver application under the authority of section 1915(c) of the Social Security Act to provide consumer-directed care to individuals who would otherwise need care in a nursing facility. We would like to implement the new waiver July 1 of this calendar year.

The new waiver program, CAP Choice, will be for elderly and disabled individuals and will be an alternative to North Carolina's traditional home and community based services waiver program, CAP/DA. It will be piloted in a small number of counties across the state which are currently being selected through a request for proposal process. We anticipate that no more than three counties will be selected for the pilot and will notify CMS as soon as the counties/geographic areas have been identified.

CAP Choice will operate locally alongside CAP/DA through lead agencies. The agencies piloting the program will be designated as organized health care delivery systems and will provide, at minimum, Financial Management (FM) and Care Advice services. Individuals who opt for the new program will be able

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to hire and supervise their personal assistants and use a portion of their individual budget for nontraditional goods and services.

Please contact Judy Walton at (919) 857-4244 if you have questions or need more information. We used the new Independence Plus template and found it to be very straightforward and user-friendly. We look forward to hearing from you and working with you on this new waiver program.

Sincerely,

Nina M. Yeager